

Woodcliff Lake Public Schools

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Dear Parents/Guardians:

Tryouts for fall sports will begin early in September. Students interested in participating in tryouts for girls' volleyball/soccer, or boys' soccer must submit a completed physical examination, sudden cardiac death in young athletes, concussion information and opioid information forms to the health office by August 15, 2020. Due to COVID19 there have been some changes to the requirements for physicals. All students will require a physical on the NJ Dept. of Education pre-participation form. Physical forms older than 365 days may be accepted if they fall within the approved grace period. You will be notified if your forms are beyond the acceptable grace period. These forms can be printed from the district website www.woodcliff-lake.com. Click on Schools, go to Nurse's Station, then Woodcliff Sports Physicals. Scroll to the bottom of the page and click on download forms here. Students who do not submit all required paperwork by the above date will not be allowed to try-out.

In addition, all students entering 6th grade **are** required to have Tdap and Meningococcal immunizations. Documentation of these vaccinations should be attached to each student's physical and submitted to the nurse prior to the start of school.

Should you have any specific concerns regarding your child please contact me at mherrmans@woodcliff-lake.com to arrange a time to discuss these issues.

Enjoy your summer and I look forward to seeing you in September.

Regards,

Michelle Herrmans

Michelle Herrmans R.N.
Woodcliff Middle School